Ramadan 2022

Activity Book

Brought to you by the North East EDI Team: Gurdev Sohanpal & Ellie Mitchell

Key Words and their meaning

Ramadan- the ninth month of the Islamic calendar, during which Muslims fast from dawn to sunset.

Qur’an- Holy book of Islam, believed by Muslims to be a revelation from Allah to Muhammed p.b.u.h.

Muhammed p.b.u.h- is the last and final messenger and prophet of Allah

Fast- To abstain from food and drink from dawn to sunset, aswell as impure thoughts and bad habits

What is Ramadan?

Ramadan is a core part of Islam. During Ramadan Muslims won't eat or drink during the hours of daylight. This is called fasting. Children are not expected to fast until they reach puberty, for girls this is when the period starts and for boys typically when the voice drops.

Ramadan remembers the month the Qur'an (the Muslim holy book) was first revealed to the Prophet Muhammad. The actual night that the Qur'an was revealed is a night known as Laylat-ul Qadr ('The Night of Power').

When is Ramadan?

Ramadan is the ninth month of the Islamic calendar. The exact dates of Ramadan change every year. This is because Islam uses the lunar calendar.

In 2022 in the UK, Ramadan will begin in the evening of Saturday 2 April and will end on Sunday 1 May approximately.

Ramadan starts when the new Moon first appears in the night sky. Full moon marks the middle of Ramadan. As the moon wanes to the other side, Ramadan finishes.

How is Ramadan celebrated?

Muslims fast between dawn and sunset. Fasting allows Muslims to devote themselves to their faith. It is thought to teach self-discipline and reminds them of the suffering of the poor. However, children, pregnant women, elderly people, and those who are ill, or travelling don't have to fast. There are also exceptions.

During Ramadan, there are two main meals, known as suhoor, just before dawn and another, known as iftar, at sunset which marks the end of the fasting.

Muslims try to give up bad habits during Ramadan. It is a time for prayer and good deeds and getting closer to Allah. Most Muslims also decide to give to charity in Ramadan, as there is greater reward during this time.

Many Muslims will attempt to read the whole of the Qur'an at least once during Ramadan. They will also attend special services in Mosques, called taraweeh, during which the Qur'an is read.

What happens after Ramadan?

The end of Ramadan is marked by a festivity called 'Eid ul-Fitr' (the Festival of the Breaking of the Fast).

Muslims are not only celebrating the end of fasting but thanking Allah for the strength he gave them throughout the previous month.

Mosques hold special services, called Eid prayer and many Muslims celebrate in the morning, by cooking their cultural dishes for breakfast and throughout the day.

During Eid ul-Fitr Muslims dress in their finest clothes, give gifts to children and spend time with their friends and family. Muslims will also give money to charity at Eid.

Prayer

During Ramadan Muslims will pray. Each prayer takes around 10-20 minutes, Muslims will need about 5 minutes to wash before prayers and another 5-10 minutes to pray.

Fajr-Takes places between dawn and sunrise

Zuhr-Early to late afternoon (lunch time). Often midday, after the sun passes its highest

Asr-Late afternoon but before sunset

Maghrib-Just after sunset

Isha-Night

Festival of the Breaking of the Fast

Ramadan

Match the word to the meaning

Holy book of Islam, believed by Muslims to be a revelation from Allah to Muhammed p.b.u.h.

Fajr

the ninth month of the Islamic calendar, during which Muslims fast from dawn to sunset.

'Eid ul-Fitr'

Qur'an

Takes places between dawn and sunrise

















